



Hoi and welcome!

We are looking forward to welcoming you to the seminar (TCA)
"Ecological and Sustainable Project Management in Erasmus+"

This seminar is organized by AIBA - Agency for International Educational Affairs in Liechtenstein, the Liechtenstein National Agency for Erasmus+ (NALI01) and will take place from **May 4th- 7th 2026** at [Hotel kommod](#) in **Ruggell, Liechtenstein**.

 This seminar (TCA) is highly recommended for Erasmus+ newcomers and less experienced beneficiaries, as well as for experienced people who are interested in developing their project management skills to a sustainable & high level.

- The overall aim is to increase the quality in project management for the Erasmus+ program and ensure that institutions and organizations from Europe actively engage in project management within the YOUTH, SCH, VET, ADU and HED sectors.
- This seminar has a cross-sectoral focus and invites the participation of current and future beneficiaries from all educational areas as well as the private sector.
- It further aims to promote all activities with a focus on cooperation partnerships but also some aspects for mobility projects, provide support to potential beneficiaries in terms of successful project management.
- The seminar raises awareness for the implementation of an ecological and sustainable project management approach.

Participants will learn:

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| <ul style="list-style-type: none"> ➤ about project management in Erasmus+ projects from both perspectives: as beneficiary & leading organization, as well as participating organization. ➤ about the project life cycle & project management cycle ➤ about tools, methods, documents used to successfully run an Erasmus+ project | <ul style="list-style-type: none"> ➤ about and gain awareness for the implementation of an ecological & sustainable project management approach. ➤ how to integrate European values. ➤ how to integrate EUDPR/GDPR topics and tasks. ➤ about the key elements required for successful, ecological and sustainable project management. |
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Expected Results

- Increased awareness of environmental and sustainable thinking and behavior.
- A deeper understanding of the successful implementation of Erasmus+ projects, timely planning and implementation of preparatory activities, risk assessment and management, active project control and implementation of quality assurance (QA) measures.
- The integration of European values and how to deal with EUDPR/GDPR topics.
- The exchange of good practices, documents, methods and tools between participants.
- Cross-sectoral cooperation between YOU, ADU, SCH, VET & HE to potentially develop the basis for further exchange and cooperation.
- From the organizing NA's perspective: Complete course to cover the topic how to successfully manage an Erasmus+ project.

Arrival:

The seminar will take place at the 3-star superior hotel kommod in Ruggell, Liechtenstein, which impresses with its modern design, fine cuisine, central location and excellent service. Two restaurants and a bar will cater for your physical well-being. <https://www.kommod.li>

You will stay at the same location from the evening of 4 May (start with dinner) until 7 May after lunch. All participants are expected to arrive on Monday 4 May 2026 in the afternoon/evening so that the activities can start on Tuesday morning. The planned activities require the presence of all participants until Thursday, 7 May 2026 at noon.

A city tour and a visit to the famous Liechtenstein National Museum as well as dinner in VADUZ are planned for the evening of 6 May 2026.

Arrival in Liechtenstein:

Arrival by coach/bus (Liemobil): The bus stop (Industriering, Ruggell) is located directly in front of the Hotel Kommod. Line 414 connects Ruggell directly with Feldkirch (train station), line/bus 31 or 36E or 37 (Schaan-Ruggell, Ruggell-Schaan) will take you to Ruggell all year round. All stops along the route are served (except line 36E).

Further information: <https://www.liemobil.li>

Travelling by train:

Zurich - Sargans - **Buchs/SG** – Salez-Sennwald (approx. 90 km)

St. Gallen - St. Margrethen - **Buchs/SG** – Salez-Sennwald (approx. 60 km)

Frankfurt/Main - Basel - Zurich - Sargans - **Buchs/SG** – Salez-Sennwald (540 km)

Munich - Lindau - Bregenz - **Feldkirch** (approx. 230 km)

Vienna - Innsbruck - **Feldkirch** (approx. 730 km)

Innsbruck - **Feldkirch** (approx. 160 km)

Bregenz - **Feldkirch** - (approx. 50 km)

Paris - Basel - Zurich - Sargans - **Buchs/SG** – Salez-Sennwald (approx. 720 km)

From the railway stations to Ruggell (Liechtenstein):

Buchs/SG / CH (12 km from Ruggell) and **Feldkirch / A** (9 km from Ruggell) there are good bus connections to all municipalities in the Principality of Liechtenstein. The most convenient way to travel **from Salez-Sennwald** railway station to the Hotel kommod in Ruggell (Liechtenstein) is by bus number 37.

Further information:

Travel Plan SBB: www.sbb.ch

Travel Plan ÖBB: www.oebb.at

Travel Plan DB: www.bahn.de

Travelling by car:

Zurich - Sargans - Ruggell (approx. 110 km / 1.5 hours)

Geneva - Bern - Zurich - Sargans (N 13) - Ruggell (approx. 400 km / 4.5 hours)

Munich - Bregenz - Feldkirch - Ruggell (approx. 250 km / 3 hours)

Innsbruck - Feldkirch - Ruggell (approx. 170 km / 3 hours)

Vienna - Salzburg - Innsbruck - Feldkirch - Ruggell (approx. 670 km / 8-9 hours)

Milan-Chiasso-Bellinzona - San Bernardino (N13) - Chur - Sargans - Ruggell (approx. 300 km/4.5 h)

Frankfurt a. Main - Basel - Zurich - Sargans - Ruggell (approx. 550 km / 6.5 hours)

Motorway junctions N 13: Balzers, Vaduz, Schaan, Bendern, Ruggell

Route planning: Google [Maps](#)

Costs, catering and accommodation

This seminar (TCA) is funded from the Erasmus+ budget of the TCAs.

All costs (flights, travel, etc.) related to participation in the course will be covered by your (participant's) National Agency (NA) - except for a participation fee, which may vary from country to country. Please ask your sending NA if they charge any fees and to find out more about the financial details, how to book your travel tickets, get reimbursed for your travel expenses and make any necessary arrangements.

Under the TCA, NA LI01 will pay for:

- accommodation in a single room from 4 to 7 May 2026;
We have already made the room reservations for all participants.
- 3 breakfasts and 3 lunches from 5 to 7 May 2025;
- 3 dinners from 4 to 6 May 2026 (including city tour).

The hosting NA LI01 does not charge any participation fees.

Please note: As there are various events happening in Liechtenstein on the weekend up to and including 3 May, accommodation in the region is already largely fully booked until 4 May. Please contact the hotel for any private arrangements. **If possible, do not arrive until Monday!** Arrivals on Sunday must be organized by the participants on their own and require clarification with the hotel management.

Profile of the participants

The majority of participants come from the Erasmus+ education sectors of higher education, vocational education and training, adult education and school education.

We utilise the advantages of heterogeneous teams in the seminar.

Travelling expenses

This seminar is financed from the TCA budget. All costs (flights, travelling, etc.) for the participation in the course are covered by your National Agency (NA) - with the exception of an participation fee, which may vary from country to country.

Please contact your NA to find out more about the financial details and also how to organise the booking of your travel tickets for reimbursement of your travel expenses and any other necessary arrangements.

Useful information



Please note: for Liechtenstein you will need a power plug or adapter type J, as shown in the picture. This plug has three round pins arranged in a triangle. You may also need a travel adapter.

Take care which mobile phone / cell-phone provider you use as soon as you cross the border! You may incur unpleasant roaming charges with Switzerland.



Facilitators & Trainers



Dr. Peter SOMMERAUER

Head of e+ Academy at NA AIBA LIECHTENSTEIN

Tel.: +423 236 7107

peter.sommerauer@aiba.li

As a long-standing project coordinator, Peter has in-depth knowledge and 15+ years of experience. He holds a PhD in Business IT from Copenhagen/DK. Peter is managing the e+ Academy, a central service centre for project applicants and beneficiaries at the AIBA (NALI01).



Sabine ROEHRIG-MAH Hou

Managing Director WISAMAR EDUCATIONAL INSTITUTE

sabine.mahhou@wisamar.de

... is passionate about Europe, loves travelling and getting to know other people and cultures. Sabine has a master's degree in cultural studies, journalism and art history. She enjoys creative projects, sharing stories with friends from all over Europe, photography and spending time with her husband and two children.